



SWS Mountain Guides

210 East Lake St.

Mt. Shasta, Ca. 96067

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www.swsmountainguides.com

Phone: 888.797.6867 / Fax: 877.797.6867

INTERMEDIATE TECHNICAL ICE CLIMBING

Lee Vining/ June Lake, California



General Description: This course is designed for climbers wanting to get onto steeper terrain and learn the techniques needed to climb more difficult waterfall ice. Emphasis will be on route selection, placing protection, belay stances, steep ice, difficult conditions, and refinement of ice climbing techniques. After review and demonstration of basic ice climbing techniques we will progress on to more difficult ice climbing situations including: mixed climbing, mono/dual point crampon techniques, multi-pitch ice climbing, and ice evaluation. Clients will be able to place protection on a simulated lead. Guide to client ratio will be kept small to insure maximum individual attention.

Location: Lee Vining Canyon and/or June Lake area, depending on ice conditions.

Itinerary: We will meet in Lee Vining at 7:00 am on the first day and carpool/hike to the ice climbing area. Expect about a 20-30 minute drive and 1 hour or more hike up to the base of the ice climbing. Plan on returning to Lee Vining by late afternoon. Second day, leave Lee Vining by 7:00 am and return to the cars by 4:30 pm. This itinerary is subject to change due to weather, snow, and ice conditions at the time of the course.

Food and Lodging: Food and lodging are **NOT** included in this course. You can either camp out or attain lodging in Lee Vining (highly suggest getting a room). We will hike out to the ice each day and return to town each evening. You may join us for a group dinner in June Lake in the evening if you wish. For lodging recommendations and/or special motel rates please see below or contact our office.

Lodging Recommendation: Murphy's Motel 760.647.6316 www.murpheysyosemite.com
Basic Rates - check website: Single \$68.00 -\$78.00 plus Tax / Double \$73-\$93.00 plus Tax

Other Options: Lake View Lodge 760-647-6543- <http://www.lakeviewlodgeyosemite.com>- (\$100-\$110 per night)

Level: Intermediate to Advanced. Participants should be in good to excellent physical condition. Previous ice climbing or mountaineering (snow and ice) experience required. This should include a working knowledge of climbing knots and belay techniques. Any questions? Give us a call at 888.797.6867



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Pricing and Dates: For updated pricing and dates please visit our website at SWSMTNS.COM

Rentals: Add \$55.00 for Mountaineering Boots & Crampons rentals for the course. Please contact as soon as possible to arrange rents

Includes: Professional instruction / guide(s), technical climbing equipment, climbing harnesses, helmets, permits. A selection of ice tools will be available for client use. Crampons are available for rent.
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