



SWS Mountain Guides

210 East Lake St.

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Kilimanjaro Equipment List

Climb & Safari

It is important to the success and safety of your expedition/ safari that you bring all the items listed below. It is most important that you pack well and pack light your equipment is your protection against the elements. The weather on Kilimanjaro at times can be windy and cold with temperatures reaching 10 below freezing and with high winds. Be prepared to encounter all types of conditions. Additionally, dark blue and black colors attract tsetse flies and it is recommended not to wear these colors when on safari, weird I know but true. If you have any questions about what to bring please call our office at 1-888-797-6867, that's what we are here for.

The Basics:

- Good Quality Hiking Boots
- Sleeping Bag (rated to 15 degrees f)
- Sleeping Pad(s) (3/4 -full length Thermarest or Ridgerest, Blue Foam)
- Large Day Pack* (for your clothing, lunch, snacks, water and camera gear)
- Large Duffel (for all gear on the airline including pack and for porters to carry)
- Small lock for Duffel

*Pack size is dependent on the trip, please check with your guides

Clothing:

- Mid Weight Synthetic Top
- Mid Weight Synthetic Bottoms
- Extra Synthetic Top Light-weight
- Fleece Jacket
- Down Jacket or down sweater (required) with Hood (optional)
- Synthetic Climbing/Hiking Pants
- Gore-Tex Jacket with Hood or Rain/Wind Jacket equivalent*
- Gore-Tex Pants or Rain/Wind Pants*

*Note: Both Jacket and Pants have to be large enough for all above clothing to fit underneath final outer layer.

- Wool or Synthetic socks (3-4 pairs)
- Synthetic Liner socks (3-4 pairs)
- Light Pile or Synthetic Gloves
- Expedition Wool/Pile Gloves
- Expedition Wool/Pile Hat
- Balaclava and/or face shield or Neck Gaiter
- Sunhat

Small Personal Items:

- Passport
- Money Belt (for passport, credit card etc.)
- 3-one Liter Wide Mouth Water Containers***
- Swiss Army Type Knife or other small pocket knife
- High Quality Sunglasses -don't skim on your eyes
- Sun Block & Chapstick (Rated 25+)
- Insect Repellent
- Bandanna
- Headlamp (extra batteries)
- Small personal first aid kit (include personal medications and blister kit)
- Toothbrush and Toothpaste
- Foam Ear Plugs (for the noisy tents or huts)
- Toilet Paper (small personal stash for 7 days)
- Bic Lighter (two)
- Small stuff sacks for small items
- Ziploc bags, 2-3 large garbage bags for waterproofing items



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Recommended Travel Clothing:

- Two pairs of pants (jeans or light cotton)
- 4-5 pairs of underwear
- Two pairs of shorts (or convertible trekking pants)
- Comfortable shoes (running shoes or light hiking shoes for cities, travel days or for approach hikes)
- 2-3 shirts (one button type/two t-shirts - Long sleeve recommended)
- Cotton socks (2-3 pairs)
- Recommended Travel Kit: All in a small stuff sack
- Towel (lightweight)
- Small soap & Small shampoo
- Comb or Brush
- Extra pair of glasses
- Personal toiletries
- Small daypack/hip-pack for day hikes, travel days (big enough for your water, jacket, camera and snacks)

Optional Equipment:

- Trekking Poles
- Camera - Extra Batteries
- Binoculars
- Notebook/Journal with pen
- Watch/Altimeter
- Good Book
- Low Scree Gaiters
- Ski Goggles
- Sport sandals
- Insulated water bottle carriers
- Electrical Adapter - Need United Kingdom Travel Adapter - Type G
- Camelback Type Hydration System***

*** If you use a hydration system such as Camelback, you must bring two nalgene bottles in addition to your system plus your hose and valve must be insulated.

Please call the office if you have questions. SWS Mountain Guides will be providing all group gear such as tents, stoves, and safety equipment.