



SWS Mountain Guides
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SWS Mountain Guides Operation Policy & Required changes in response to the Covid-19 Pandemic

Hello Fellow Climbers,

We hope this email finds you healthy and ready to get back outside and climb with us in the mountains. We sure are ready to get out there ourselves!!! Our guides are going stir crazy and are chomping at the bit to start the guiding season.

As SWS Mountain Guides resumes operations, we want to let you know what policies we are putting in place to keep everyone as safe as possible from Covid-19 while on our trips.

Please read the following, and if you have any questions, please do not hesitate to call Tim, JB or David at 888-797-6867 or email us at mail@swsmtns.com

- 1 – If you are or have been sick with flu-like symptoms (Cough, Shortness of Breath, Fever, Muscle Pain, Sore Throat, Sudden Loss of Taste of Smell) within the last two weeks, please stay home, and we can reschedule your trip or give you an in-house credit.
- 2 – Please expect a brief health screening when you arrive at our office/trailhead.
- 3 – Climbers traveling by themselves are strongly encouraged to bring their single person tent. SWS has a limited quantity of single-person tents as well.
- 4 – Please bring your face covering such as a Buff, neck gaiter, or bandana. Guests and guides will need to wear a face-covering whenever they come within proximity of one another.
- 5 – Please bring a small bottle of hand sanitizer for yourself.
- 6 – Bring your freeze-dried meals for dinner, lunch, and snacks. We will supply instant oatmeal packets for breakfast and tea/coffee for hot drinks. The guides will just be boiling water for dinner and breakfast. We realize that we usually supply dinner and breakfast, but unfortunately, these are not normal times, and for the safety of everyone involved, we feel it is best if the guides just heat water. While this is an inconvenience, we hope you will understand. Freeze-dried meals can be found online on Amazon and backcountry.com and at Walmart in endless flavors. Our favorites are the Mountain House Beef Stroganoff and Chili Mac, and for Backpackers Pantry, the Pad Thai is pretty good.
- 7 – We will still be renting all our normal equipment rentals with the exception that we will not be renting sleeping bags. All rental equipment will be sanitized after every trip.
- 8 -- As a reminder to all our climbers, please maintain the 6-foot social distancing recommended for limiting the transmission of COVID -19. If you are uncomfortable with this, please call us to reschedule your trip for a later date
- 9 – Finally, we want all clients to know that while we are doing the best we can to make trip changes to minimize everyone's exposure to COVID-19, we cannot eliminate all risk associated with this disease.
- 10 -- Vulnerable and high-risk individuals are encouraged to consult their physician before participating on our trips.

We appreciate you choosing to climb with us, and we will strive to do all we can to keep everyone safe and healthy while we enjoy the mountains!

Cheers,
Timothy Keating, David Cressman, JB Brown
SWS Mountain Guides Management