



SWS Mountain Guides

210 East Lake St.

Mt. Shasta, Ca. 96067

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MT. SHASTA 2 DAY SUMMIT CLIMB 14,179 ft. via the Clear Creek Route



General Description: Join SWS Mountain Guides for a weekend summit climb on Mt. Shasta's Clear Creek route. A less visited route up a more remote part of Mt. Shasta the Clear Creek route meanders between the wide-open slopes above Mud Creek Canyon and the ridge between the Konwakiton Glacier and the Watkins Glaciers. Our late season, beginners climb of Mt. Shasta which we switch over to once we deem the Avalanche Gulch route to be unsafe. While many consider the Clear Creek route to be less technical than the Avalanche Gulch route it is just as physically demanding **if not more so** than the Avalanche Gulch route. The scree and talus on this route has proven to be quite the challenge for our clients. There is the slight possibility that ice axes and crampons will be needed, but SWS Mountain Guides will provide them if they are, as well as the instruction on how to use them. This route is for anyone who has a desire and physical training to ascend Mt. Shasta safely via this Southeast late season route.

Location: Mt. Shasta Wilderness Area.

Itinerary: After meeting at 8:00 am on the first day at our Mt. Shasta office, we will conduct a complete pack check and divide up the group gear. We will then carpool to the Clear Creek trailhead (6,480 feet) on Mt. Shasta's south east side. The road is very dusty and rough in places, but is accessible by all vehicles. From here we will hike 1.5 miles to our high camp (8500 feet). Afternoon will be spent acclimatizing, hydrating, and talking about what to expect on the climb. We will then retire early in preparation for an alpine start on summit day (up by 1-2:00 am). After arriving at the summit we will head back to our camp to a good nights rest. Final day we will hike back to the trailhead arriving by noon for the drive back to the SWS Office. **PLEASE NOTE** - This is a best-case scenario. This itinerary is subject to change at the guide's discretion and is dependent upon mountain conditions, group experience/expectations, and other factors we cannot anticipate.

Food: Freeze - Dried Dinners, Breakfast items with hot drinks are included. Please bring your favorite, high-calorie, high-carbohydrate lunches and snacks.

Prerequisites: No previous mountaineering experience required. The better shape you are in the more enjoyable the climb will be for you!

Level: Beginner to Intermediate. Participants should be in **good to excellent physical condition**. Our backpacks will weigh anywhere from 35 to 55 pounds. Recent hiking or backpacking experience is highly recommended. Elevation gain on this



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climb is 7,682 ft. from the Clear Creek Trailhead (6,497 ft) to Shasta Summit at 14,179 ft. If you anticipate a problem with altitude sickness, please call and talk to us. We have proven techniques to avoid or minimize adverse reactions to altitude.

Dates: Check Dates and Prices* at our website: www.swsmtns.com

*Price includes Mt. Shasta summit fees.

Guide to Client Ratio: Guide to client ratio is 1:4. Group size is limited to 8

Custom dates are available for any group size so give us a call.

Includes: Professional instruction/guide, breakfast(s), dinner(s), ice axes, helmets, harness, group-climbing equipment including ropes (if needed) and safety equipment, group camping equipment including tents and stoves, permits, and permit fees including Mt. Shasta summit fees. For more details about equipment please see our equipment list for this course.

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