



SWS Mountain Guides

110 Alpine St.

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Basic Alpine Rock Course 3 Day Eastern Sierra Nevada, CA



Description: Our Basic Alpine Rock Course focuses on the skills of a beginner to intermediate climber for getting into a high alpine rock environment. Alpine rock has unique considerations that you don't find in gyms or crags and as such requires a unique skill set. In this course we will cover anchor building, belays, climbing techniques, etc. Our Alpine Rock courses are three consecutive day trips, no need to carry heavy packs. Forest Service campgrounds located only minutes away from our daily meeting locations. Motels and Lodges are available in Mammoth Lakes, CA.

Sample Itinerary

Day 1: We meet at 8:00 AM at the Mammoth Lakes Forest Service Visitor Center (see map). We will then drive to our rock-climbing site, located a short distance away, where rock skills will be practiced until late afternoon (4:00–5:00 PM).

Days 2&3: Your guide will set up the meeting time and place for next few days objectives with you at the end of the previous day. The last day's departure is generally around 4:00 – 5:00 PM.

PLEASE NOTE: This is a best-case scenario. This itinerary is subject to change at the guide's discretion and depends on mountain conditions/weather, group fitness/experience/expectations, and other factors we cannot anticipate.



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Location: Eastern Sierra Nevada, Mammoth Lakes, CA. Some climbing areas maybe up to 45 minutes drive away from the town of Mammoth.

Experience Level Requirements: Beginning to intermediate rock climbing skills are required.

Physical Conditioning Requirements: Guest should be in good physical condition. Guests should be able to hike 2-3 miles with a light pack at a moderate speed.

Getting Here and Away: The closest major airport is in Reno, NV (RNO).

Where to Stay: Forest Service campgrounds, motels, and lodges (reservations required), are located only minutes away from daily meeting points, so choose your own style of sleeping quarters.

Group Size: 2-6 guests (Guide to Guests ratio is 1:2/3).

Includes: Professional guide(s)/instructors, group climbing equipment including: technical rock climbing equipment, ropes, helmets, and wilderness permits & fees.

Note: This course consists of three consecutive day trips, no overnight backcountry equipment is required. Each evening you're free to explore town and natural setting at whatever accommodation you choose: